

To ensure the safety of athletes, it is essential for coaches to equip themselves with First Aid and CPR knowledge. This will better prepare coaches for emergency situations and manage the risks involved in sports coaching.

SSC requires all NROC-registered coaches to have a valid Standard First Aid certificate. The minimum number of hours spent on the Standard First Aid course should not be less than 21 hours long with a theoretical examination and practical assessment including CPR and bandaging of wounds.

No.	Centres	Courses	Contact details
1.	Absolute Kinetics Consultancy Pte Ltd	Standard First Aid	Add: 64 Hillview Terrace, Singapore 669277 Tel: 6763 7632 Email: enquiry@absolutekinetics.com Website: www.absolutekinetics.com
2.	Aris Integrated Medical Pte Ltd	Standard First Aid	Add: 989 Bukit Timah Road #B1-01 Coral Court, Singapore 589629 Tel: 6462 4043 Email: johnson@aris-im.com Website: www.aris-im.com
3.	Asian Detours Pte Ltd	Standard First Aid	Add: 100 Rowell Road, Singapore 208024 Tel: 6733 2282 / 12 Email: info@asiandetours.com Website: www.asiandetours.com
4.	Emergencies First Aid & Rescue Pte Ltd	Standard First Aid	Add: No 2 Jurong East Street 21 #04-32D IMM Building, Singapore 609601 Tel: 6560 6060 Email: doris@emergencies.com.sg Website: www.emergencies.com.sg
5.	ER Ambulance & Services Pte Ltd	Standard First Aid	Add: Blk 1093 Lower Delta Road #05-01/02 Mapletree Industrial Building, Singapore 169204 Tel: 6222 2995 / 91 Email: training@er.com.sg Website: www.er.com.sg
6.	HMI Institute of Health Science Pte Ltd	Standard First Aid	Add: 167 Jalan Bukit Merah Tower 5 #05-10, Singapore 150167 Tel: 6253 3818 / 6251 0530 Email: bobbyleong@hmi.com.sg Website: www.hmi.com.sg
7	Hope Emergency Training Academy Pte Ltd	Standard First Aid	Add: 2 Loyang Lane #03-01, Singapore 508913 Tel: 6100 1911 Email: train@hopeambulance.com Website: www.hopeambulance.com
8.	Lentor Ambulance Pte Ltd	Standard First Aid	Add: 33 Ubi Avenue 3 #03-10 Vertex, Singapore 408868 Tel: 6100 0997 Email: training@lentorambulance.com Website: www.lentortraining.com

No.	Centres	Courses	Contact details
9.	Life Saving Training Centre	Standard First Aid	Add: Blk 102 Yishun Ave 5 #02-113, Singapore 760102 Tel: 6758 5504 / 6759 1806 Email: admin@lstc.com.sg Website: www.lstc.com.sg
10.	MHI Training Master	Standard First Aid	Add: 218E Changi Road #03-05 PKMS Building, Singapore 419737 Tel: 9231 0651 Email: enquiry@mhitraining.com Website: www.mhitraining.com
11.	Pratique Training Consultancy	Standard First Aid	Add: 2D Hong San Walk #13-03, Singapore 689050 Tel: 9632 4432 / 9770 8005 Email: enquiry@pratique.com.sg Website: www.pratique.com.sg
12.	Raffles Medical Group	Standard First Aid	Add: 585 North Bridge Road Raffles Hospital #12-00, Singapore 188770 Tel: 6311 1604 Email: rafflescorporatewellness@rafflesmedical.com Website: www.rafflesmedicalgroup.com
13.	Singapore First Aid Training Centre	Standard First Aid	Add: 142 Neil Road, Singapore 088871 Tel: 6297 8123 Email: sfatc@firstaidtraining.com.sg Website: www.firstaidtraining.com.sg
14.	Singapore Life Guard Academy	Standard First Aid	Add: 10 Anson Road #26-01A International Plaza, Singapore 079903 Tel: 6288 2334 Email: instructor@v3club.org Website: www.v3club.org
15.	Singapore Red Cross Society	Standard First Aid	Add: 15 Penang Lane Red Cross House Level 3, Singapore 238486 Tel: 6336 0269 / 6334 8163 / 6664 0565 Email: training.admin@redcross.org.sg Website: www.redcross.org.sg
16.	St John Ambulance Singapore	Adult First Aid	Add: 420 Beach Rd, Singapore 199582 Tel: 6298 0300 Email: stjohn@sjas.org.sg Website: www.sjab.org.sg

This list is updated on 20 December 2011 and will be effective from **1 January 2012 to 31 December 2013**.

SSC has appointed the National First Aid Council (NFAC) to accredit the Standard First Aid Courses by various training centres for the coaches in the National Registry of Coaches. The objective of this process is to ensure they have met the requirements for training facilities and training standards. For other First Aid training centres, who wish to apply for accreditation in 2014/2015, please be informed that the details for application will be available from mid 2013 onwards.

For other enquiries, please email the National First Aid Council at nfacsrcs@singnet.com.sg.